

November 2020 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>30</p> <p>Scrambled Eggs Sausage & Gravy Broccoli Whole Grain Biscuit Sliced Peaches Milk</p> 	<p>VETERANS DAY</p>  <p>Thank You!</p>		<p>National Native American Heritage Month</p> 		<p>NOVEMBER IS National DIABETES Awareness Month</p> <p>FINDING THE CURE STARTS WITH AWARENESS</p> 	<p>1 Set Clocks Back!</p> <p>Cottage Cheese Pineapple Tidbits Black Bean Salad Bran Muffin Cranberry Cocktail Juice Milk</p> 
<p>2</p> <p>Scrambled Eggs w/ Cheese Broccoli Raisin Bran Cereal Tropical Fruit Milk</p> 	<p>3 Election Day</p> <p>Egg Patty Turkey Ham Black Beans Mini Bagels w/ Cream Cheese Fresh Orange Milk</p> 	<p>4</p> <p>Peanut Butter String Cheese Bran Muffin Fresh Banana Vegetable Juice Milk</p> 	<p>5</p> <p>Scrambled Eggs Swiss Cheese Hashbrowns Whole Wheat Bread Mixed Fruit Milk Margarine</p>	<p>6</p> <p>Breakfast Pizza Hard Boiled Egg Hashbrowns Pineapple Tidbits Milk</p> 	<p>7</p> <p>Cottage Cheese Beet Salad Raisin Bran Cereal Texas Bread Fresh Orange Milk Margarine</p>	<p>8</p> <p>Hard Boiled Eggs Peanut Butter Broccoli Salad W.W. English Muffin Apple Juice Milk</p> 
<p>9</p> <p>Egg Patty, Cheese Turkey Sausage Patty Hashbrowns Waffle Sticks Fresh Orange Milk, Margarine Pancake Syrup</p>	<p>10</p> <p>Cottage Cheese Pineapple Tidbits Broccoli & Raisin Salad Whole Wheat Bread Raisin Bran Cereal Milk Jelly</p> 	<p>11 Veterans Day</p> <p>Scrambled Eggs w/ Peppers Beef Hash Whole Wheat Bread Muffin Fresh Banana Milk, Margarine</p> 	<p>12</p> <p>Breaded Chicken Patty Spinach Whole Grain Biscuit Mixed Fruit Milk Jelly</p> 	<p>13</p> <p>Breakfast Pizzas Fiesta Vegetables Fresh Orange Milk</p> 	<p>14</p> <p>Egg Patty Turkey Ham Black Beans W.W. English Muffin Peaches, Pears, & Oranges Milk</p>	<p>15</p> <p>Peanut Butter String Cheese Whole Wheat Bread Oatmeal Mixed Fruit Vegetable Juice Milk</p>
<p>16</p> <p>Egg Patty, Cheese Turkey Sausage Link Whole Grain Biscuit Tropical Fruit Vegetable Juice Milk Jelly</p> 	<p>17</p> <p>Breakfast Burrito Pinto Beans Hashbrowns Mixed Fruit Apple Juice Milk Taco Sauce</p> 	<p>18</p> <p>Eggs w/ Cheese Broccoli Whole Wheat Bread Fresh Banana Milk Margarine</p>	<p>19</p> <p>Scrambled Eggs w/ Peppers Shredded Cheese Whole Wheat Tortilla Applesauce Milk, Margarine Taco Sauce</p>	<p>20</p> <p>Breakfast Pizza Hard Boiled Egg Hashbrowns Raisin Bran Cereal Tropical Fruit Milk</p>	<p>21</p> <p>Egg Patty, Cheese Sliced Turkey Breast W.W. English Muffin Hashbrowns Fresh Orange Milk Jelly</p> 	<p>22</p> <p>Cottage Cheese Pineapple Tidbits Green Pea Salad Bran Muffin Apple Juice Milk Margarine</p>
<p>23</p> <p>Bean & Cheese Burrito O'Brien Potatoes Fresh Banana Milk</p> 	<p>24</p> <p>Boiled Eggs Broccoli Raisin Bran Cereal Fresh Apple Milk</p> 	<p>25</p> <p>Strawberry Yogurt Peanut Butter Whole Wheat Bread Carrot & Raisin Salad Fresh Orange Milk</p> 	<p>26 Thanksgiving</p> <p>Egg Patty Turkey Sausage Link Fiesta Vegetables Whole Grain Pancakes Fresh Banana Milk, Margarine Pancake Syrup</p>	<p>27</p> <p>Breakfast Burrito Black Beans Hashbrowns Whole Wheat Bread Fresh Orange Milk Jelly</p> 	<p>28</p> <p>Eggs w/ Cheese W.W. English Muffin Mandarin Oranges & Peaches Milk Margarine</p>	<p>29</p> <p>Peanut Butter String Cheese W.W. English Muffin Fresh Apple Vegetable Juice Milk Jelly</p> 

"This project is supported by Older Americans Act funds by the County of San Diego Health & Human Services Agency, Aging & Independence Services."

MENU SUBJECT TO CHANGE

No eligible person shall be denied a meal because of failure or inability to contribute.

