

# Happiness Has a Home Here



## 2021–2022 Annual Impact Report

SERVING  
SENIORS

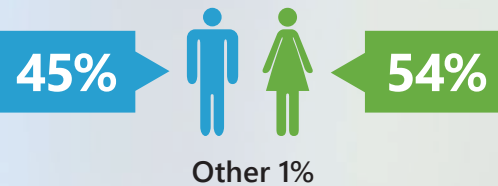
# By the Numbers

Unduplicated Seniors Served

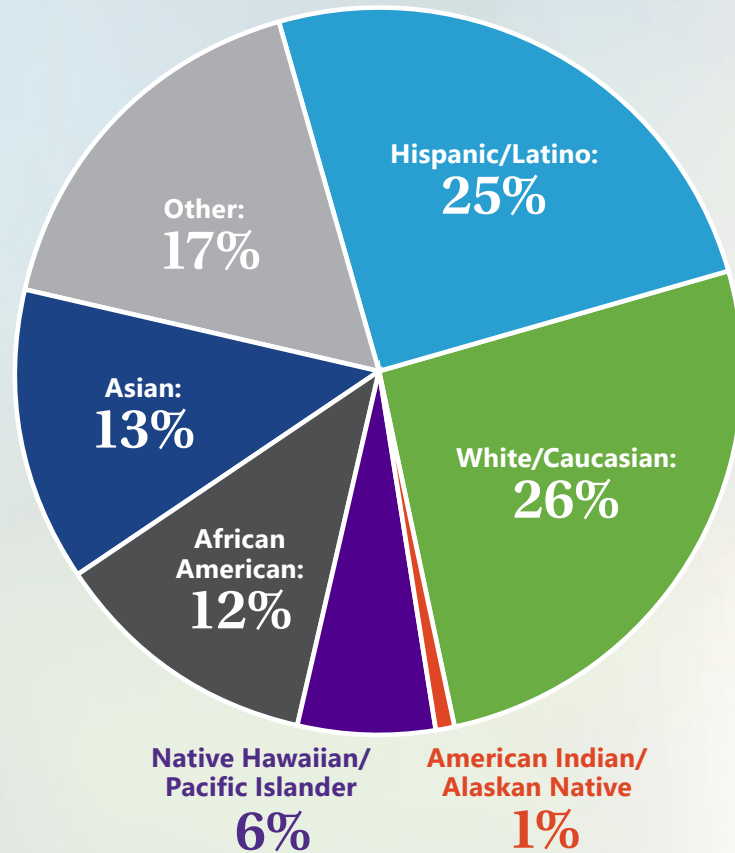
# 6,809

**Military/Veterans**  
4%

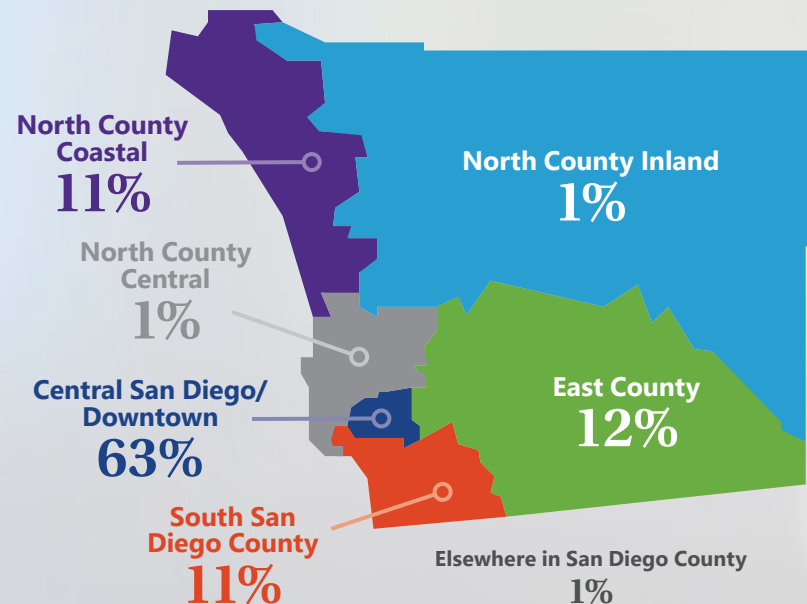
**Gender**



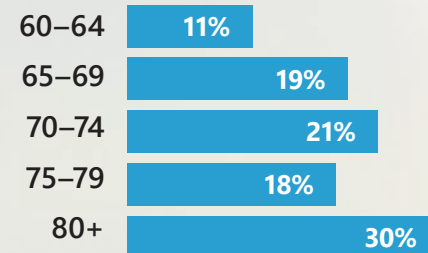
## Race/Ethnicity



## Where Our Clients Live



## Age



Median Income  
**\$1,166/month**

Below the Federal Poverty Level  
**86%**

# A Message to Our Supporters

**Dear Friends,**

After the past two and a half years, it's hard to believe that Serving Seniors began as a humble operation, serving 60 lunches a week in the basement of a church to a small group of low-income seniors. More than five decades later, our organization has grown to meet the changing needs of our community's most disadvantaged seniors—during a time of unprecedented challenges.

This past fiscal year was defined by perseverance and determination. At times the pandemic appeared to be over, only to emerge once again with new variants and health risks. Our flagship facility, the Gary & Mary West Senior Wellness Center, finally reopened and seniors began to return after more than a year of isolation. Our concern for their well-being only grew as we saw the realities of heightened poverty and delayed care. Yet we persisted, facing every new challenge so we could deliver much needed care and services to seniors when they needed us most.

Throughout the year, despite the uncertainty, Serving Seniors kept doing what we do best: showing up for seniors in poverty. In the last fiscal year, Serving Seniors provided more than 1.4 million meals (page 7); advocated for groundbreaking senior housing legislation to prevent homelessness (page 15); and introduced a senior emergency assistance fund to alleviate poverty by providing rental and basic needs assistance (page 11).

Without you, our community of supporters, none of our achievements would be possible. Your generosity inspired us, and we hope the following report inspires you as well. Thank you for being among our valued friends and partners as we continue to create a better reality for San Diego's low-income seniors.

**With gratitude,**



*Rob Borthwick*  
**Rob Borthwick**  
Chair, Board of Directors



*Paul Downey*  
**Paul Downey**  
President & CEO

## FY23 Board of Directors

**Rob Borthwick, Board Chair**  
*Sempra Energy*

**Bobby LaCour, Finance Chair**  
*Aldrich CPAs + Advisors*

**Joni Low, Governance Chair**  
*Community Volunteer*

**Mary Gendron, Chair-Elect & Philanthropy Chair**  
*Community Volunteer*

**Jim Sikora, Member-at-Large**  
*Slalom*

**Lina Ericsson, Past Board Chair**  
*Realty Income*

**Deb Barrett**  
*Qualcomm*

**Joy Delman**  
*Thomas Jefferson School of Law*

**Dale Goldman**  
*Community Volunteer*

**Divya Koura, M.D.**  
*UCSD Health*

**Deborah Linggi**  
*Intuit*

**Arlene Prater**  
*Best Best & Krieger LLP*

**Matthew Strauss**  
*Feuerstein, Murphy & Beals, LLP*

**Nancy L. Vaughan**  
*Attorney, Retired*



# The New Normal

On July 15, Serving Seniors reopened our flagship facility, the **Gary & Mary West Senior Wellness Center**, after 481 days of closure. The Senior Wellness Center, a cornerstone of our service model, provides a lifeline of support to thousands of low-income and unhoused seniors through daily meals, health visits, case management, housing assistance, activities, and social events.

Many clients visited the Wellness Center every day for years before it closed on March 12, 2020. The loss of a stable, trusted place to go each day was devastating, and the reopening restored our clients' sense of purpose and productivity. Seniors finally reunited with friends that hadn't seen in over a year. For unhoused seniors, the reopening allowed them to sit down for a hot meal, use a clean restroom, or escape the heat on a hot day.

Serving Seniors took every precaution to keep seniors safe and healthy. We are proud to report there were zero COVID-19 infections.



## Meet Julieta

Every time Julieta visits our Gary and Mary West Senior Wellness Center, she has to take two different buses and two trolleys.

The commute takes her a few hours - but for Julieta, it's worth every second. ***"I love it here. When I come here I forget about all my problems."***

During the height of the COVID-19 pandemic, Julieta dealt with the crippling effects of social isolation and missed seeing her friends and socializing on a regular basis. As a diabetic with high blood pressure and vertigo, she's also dealing with many high-risk medical concerns.

Julieta connected with a Serving Seniors Case Manager, and she now gets support to stay up to date on her healthcare and maintains a healthy diet through our meal program.

***"Serving Seniors has changed my whole life,"*** Julieta said. ***"I love the meals, and I have a lot of friends here. I like to use the computer rooms."***



# Nutrition

No one should have to worry about where their next meal will come from – especially our elderly neighbors. That's why **Serving Seniors' Senior Nutrition Program** is the beating heart of our mission.

We deliver nutritious meals 365 days a year to low-income seniors regardless of their ability to pay. As the pandemic stretched on, we ensured that our community's most vulnerable seniors had a nutritious meal delivered to their door or a welcoming environment to enjoy a meal with other seniors. Our meals keep seniors healthy, independent, and connected to a caring community.

## FY22 Highlights

- Exceeded 16 million meals served for the past 50 years.
- Introduced a new frozen meal program for low-income seniors
- Held the Older Americans Act 50<sup>th</sup> Anniversary Celebration with Mayor Todd Gloria. More than 100 seniors joined us in the dining room, where Mayor Gloria served meals and presented a proclamation to honor Serving Seniors' commitment to serving low-income seniors.

## By the Numbers

Seniors Fed	Meals Served	
<b>5,878</b>	<b>1,407,576</b>	
Improved health and wellness for	Made fewer visits to the doctor for	Increased knowledge of nutrition and healthy eating habits for
<b>60%</b>	<b>42%</b>	<b>74%</b>

## Meet Richard

Palms sweating and heart beating quickly, Richard sat in the doctor's office. It was his least favorite day of the year – the day of his annual visit. It seemed like he had been waiting hours for his lab results. Then his doctor finally walked in and pronounced, "Your lab work is exceptional!"

Richard couldn't believe it. He was a fan of candy, especially chocolate, but he knew he made a conscious effort to follow a healthy diet and avoid processed foods. **"I attribute these results to Serving Seniors nutrition program,"** Richard said. **"It's mainly fruits and vegetables and you get a balanced diet that you can maintain."**

At 81 years old, Richard was able to improve his overall health, adjust his eating habits and downsize his daily medications due to the nutritious diet he receives through the Serving Seniors meal program.

Richard said he loves the variety of meal choices Serving Seniors provides and enjoys the way the food is prepared. **"I like the chicken, beef, the meatloaf,"** Richard said. **"Serving Seniors cooks it the way it should be. They don't use a lot of salt and because of that I don't have high-blood pressure."**





# Housing

All seniors deserve to live in a comfortable home where they feel supported and safe. That's why last year, **Serving Seniors provided 597 low-income seniors with secure, independent housing**, including transitional housing for unhoused seniors, and permanent supportive housing with onsite services, including meals and case management. Our housing services ensure that low-income seniors can age with dignity and provide a caring, supportive community that helps prevent senior homelessness.

## FY22 Highlights

- Helped pass landmark legislation to prevent homelessness for low-income seniors (see page 15).
- Completed construction on the Harris Family Senior Residence adding 117 new, one-bedroom affordable senior units to San Diego's housing inventory.

## By the Numbers

Affordable Units	Transitional Units for Homeless Seniors	Seniors Housed	Housing case management visits
412	30	597	8,138
<b>Outcomes Achieved</b>		Transitional housing graduates who moved to permanent housing <b>83%</b>	Increased housing security for <b>82%</b>

## Meet Joe

After being physically assaulted on the street, Joe began sleeping outside the Gary & Mary West Senior Wellness Center. He had been homeless for months and was in chronic, intense back pain that worsened while sleeping on the concrete downtown. After his medication was stolen, he started sleeping in a wheelchair every night.

Joe got connected to our Transitional Housing Program, where he was added to the waiting list and provided with case management services. At this point, Joe could barely walk and could no longer sleep on the hard ground for fear of not being able to get back up. He also was afraid of being attacked again. Serving Seniors explored many avenues to try and get Joe off the streets and into emergency housing with no successful outcome.

That's when Serving Seniors approved an emergency motel stay to help with his mental health and physical challenges. He was in a desperate state, and we knew a Transitional Housing Program unit would be available shortly. As it turned out, the unit became available just three days after he checked out of the motel. Joe called our case manager to express his gratitude for being housed by Serving Seniors. He began to take care of his pain/medical issues and worked with staff to achieve his independent living goals. In January 2022, Joe secured permanent affordable housing and moved into his own apartment.



# Health and Social Services

Low-income seniors often have trouble accessing healthcare and other necessary services to lead healthy and independent lives. Without a network of support, most are at high risk of poor health outcomes and losing their independence. That's why **Serving Seniors' team of health specialists, social service case managers, and care coordinators** provide integrated health and social services at sites across San Diego County. Whether seniors need help accessing their health benefits, getting a vitals check, or coordinating transportation, our staff offers compassionate care and supportive assistance.

## FY22 Highlights

- Introduced the **Senior Emergency Assistance Fund** to provide emergency rental assistance, furniture, in-home services, and other supports to improve housing stability and quality of life issues.

## By the Numbers

Health and Social Service Visits

15,571

Seniors Served

2,061

Outcomes Achieved

Gained access to community resources

84%

Excellent or good health reported by

77%

Ability to successfully manage chronic health conditions

90%

## Meet Pamela

**"I have nowhere to go."** These were the words that crossed Pamela's mind after she was laid off from her bus driver job at the airport due to COVID. This job was not only her routine the last few years, but her safety net and her source of a stable income.

Keeping her head high, Pamela, 69, did everything she could to stay on her feet. While relying on unemployment and struggling to get by, she connected with Serving Seniors and moved into Potiker Family Senior Residence.

Since living here, Pamela's life has changed for the better and she has been able to receive critical support from Serving Seniors at a time when she was in desperate need. When Pamela's car was ticketed and her car registration came up for renewal, she was worried she'd lose her housing.

Through our Senior Emergency Assistance Fund, Pamela was able to pay her parking fines, car registration, and was still able to make her rent payments. **"Without Serving Seniors, I'd be on the streets,"** Pamela said. **"I'm now calm... I know if I need help, they will help me."**

Today, Pamela is back working at the airport. She gets healthy meals in the dining room and participates in the activities at Serving Seniors' Potiker Family Senior Residence. Pamela was able to use the Senior Emergency Assistance Fund when she was in crisis. **"I finally feel safe,"** Pamela said. **"I don't feel alone, which I never expected."**

# Enrichment and Activities

Exercise, play, learning, and social connection are essential ingredients to healthy aging. That's why, in addition to meeting basic needs, **Serving Seniors hosted more than 800 engaging activities** and enrichment opportunities that brought fun and connection into the lives of low-income seniors. Because of the pandemic, many seniors didn't leave their homes for over a year. Serving Seniors was deeply concerned, and the Volunteers & Activities team worked diligently to bring meaningful programming that lifted our clients' spirits and encouraged creativity, learning, and movement.

## FY22 Highlights

- Serving Seniors built a robust Activities program.
- Launched a General Store where seniors could "shop" for essential basic needs items at no cost.
- Hosted 394 fitness and wellness activities, allowing seniors to stay active through weekly exercise

## By the Numbers

Activities provided  
**878**

Average number of seniors participating each month  
**752**

Improved social connection for  
**72%**

## Meet Vivian

Vivian, 65, a regular at our Gary and Mary West Senior Wellness Center, never thought of herself as a senior. She initially discovered the Senior Wellness Center when looking for places to take her mom. During COVID, Vivian and her mom stayed at home for over a year and felt isolated from the world. They began eating lunch daily in the dining room and building relationships with the other seniors and staff. ***"The Wellness Center became our saving grace."***

While her mom was busy in the CyberCafe, Vivian discovered there were classes and activities she could participate in to help her physical and mental wellness. ***"I really enjoy participating in the Walking Group and classes every week,"*** Vivian said. ***"It has helped me make friends and feel fit during the COVID-19 pandemic."***

Vivian is now one of our most enthusiastic participants and is known for her contagious "attitude of gratitude." She participates in bingo, our Civic Engagement Group, and performed an aerobic dance routine for our talent competition, Senior Idol. Even more inspiring, she encourages other clients to join in and welcomes them with open arms. ***"I'm extremely grateful for Serving Seniors and everyone here."***





# Senior Homelessness Needs Assessment

## *A Catalyst for Change*

In 2020, Serving Seniors embarked on a year-long **Homelessness Needs Assessment** to better understand San Diego's senior homelessness crisis. Our findings revealed the causes of senior homelessness are distinct from the general unhoused population and gave us a road map to advocate for effective, sustainable solutions. We are proud to report the many advancements we made this past year to end senior homelessness in San Diego County and create lasting systemic change.

### **PREVENTION:** *Keeping Low-Income Seniors Housed*

#### **Rental Assistance:**

- The San Diego County Board of Supervisors unanimously approved a motion to develop and implement a pilot shallow rental subsidy program for low-income seniors. The \$3 million pilot program will provide \$500 a month to 220 seniors to help them avoid homelessness over 18 months.
- The San Diego City Council voted this past June to include the Housing Stability Fund in the city's fiscal year 2023 budget. Over the next two years, the pilot project will provide up to \$500 a month to 300 low-income households (including seniors).

Both projects were developed based on the recommendations made in our Needs Assessment after we found that seniors needed as little as \$300 per month to avoid homelessness.

### **IMPROVED SOCIAL SUPPORTS:** *Gerontological Training for Service Providers*

One of the key findings of our Needs Assessment was that only 45% of San Diego's homeless service providers have experience working with older adults or receive specialized training.

This past year, Serving Seniors, in coordination with the County of San Diego's Aging and Independent Services (AIS), developed an "Aging Resources 101" training package for homeless service providers to improve care for unhoused seniors. After a successful pilot, AIS will conduct trainings for shelter providers and other organizations providing services to unhoused seniors later this year.

**To access the full report, please visit our website at:**  
[www.servingseniors.org](http://www.servingseniors.org)





# 50+1 Sunshine GALA

# 50+1 Sunshine GALA

**On October 2, 2021, Serving Seniors celebrated the organization's 50<sup>th</sup>+1 anniversary, Paul Downey's 25<sup>th</sup> as President & CEO, and the 10<sup>th</sup> year of the Gary & Mary West Senior Wellness Center!**

After postponing our celebration twice due to the COVID-19 pandemic, we were so happy to finally get together at the Marriott Marquis San Diego Marina and celebrate 50+ years of service! Guests dined under the stars and enjoyed a moving program highlighting Serving Seniors' many accomplishments over the past five decades. The night concluded with an unforgettable concert featuring Rock and Roll Hall of Fame guitar legend Don Felder, formerly of the Eagles.

Thanks to our Honorary Chairs Gary and Mary West, and past board chair Molly Cartmill who led our steering committee, the night was an overwhelming success—raising a record-breaking \$525,000 net income for seniors in poverty.

**Thank you to all our gala guests, sponsors, and supporters who made the evening so memorable.**



# Financials

## Statement of Financial Position

### Assets

#### Current Assets

Cash & cash equivalents	\$5,516,006
Investments	\$1,574,792
Other receivable	\$479,332
Grants receivable	\$1,319,364
Pledges receivable	\$712,665
Accounts receivable—related parties, net	\$127,010
Prepaid expenses and other	\$237,181

**Total Current Assets** **\$9,966,350**

#### Noncurrent Assets

Notes receivable, net	\$11,499,734
Land, building & equipment, net	\$8,386,288
Investments in limited partnerships	\$501,477
Investments restricted for endowment	\$750,000
Beneficial interest in endowment funds	\$8,384

**Total Noncurrent Assets** **\$21,145,883**

**TOTAL ASSETS** **\$31,112,233**

### Liabilities and Net Assets

#### Current Liabilities

Accounts payable	\$108,014
Payroll & related liabilities	\$84,079
Accrued paid time off	\$274,309

**Total Current Liabilities** **\$466,402**

#### Noncurrent Liabilities

Notes payable	\$2,200,000
Total noncurrent liabilities	\$2,200,000

**TOTAL LIABILITIES** **\$2,666,402**

#### Net Assets

Without donor restrictions	
Undesignated	\$15,288,207
Board designated	\$2,908,708

**Total Net Assets Without Donor Restrictions** **\$18,196,915**

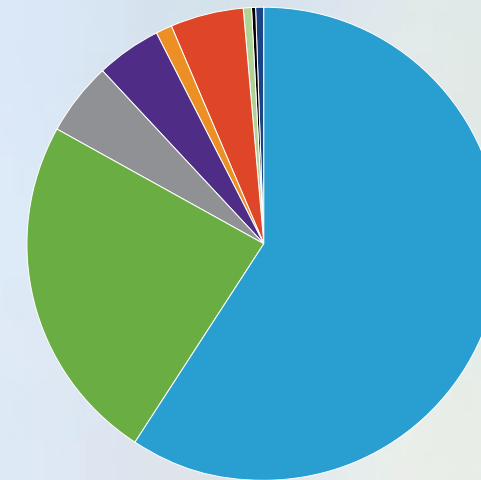
With donor restrictions	
Purpose restrictions	\$39,308
Time restrictions	\$9,451,224
Perpetual in nature	\$758,384
Total net assets with donor restrictions	\$10,248,916

**Total Net Assets** **\$28,445,831**

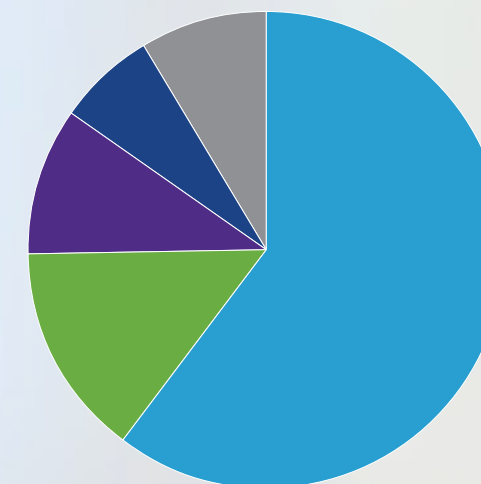
**TOTAL LIABILITIES AND NET ASSETS** **\$31,112,233**

## Statement of Activities

### Revenue, Support and Gains



### Expenses



Change in Net Assets	\$1,264,750
Net Assets at Beginning of Year	\$27,181,081

**NET ASSETS AT END OF YEAR** **\$28,445,831**

# Our Supporters

Thank you to the generous individuals, foundations, and corporations who made our work possible with their gifts to Serving Seniors during FY22 (July 1, 2021 – June 30, 2022).

## \$100,000+

Esther Fischer  
Mary Ellen and Jerry Harris  
The JMS Fund  
Marge and Neal Schmale  
Sempra Energy Foundation  
May & Stanley Smith Charitable Trust  
Gary and Mary West Foundation

## \$50,000 – \$99,999

Barbara Brown  
Price Philanthropies  
The Shiley Foundation

## \$25,000 – \$49,999

Alliance Healthcare Foundation  
Becton Dickinson – BD  
Community Congregational Development Corporation (CCDC)  
County of San Diego  
Grossmont Healthcare District  
Grace Hawkes  
The Peggy and Robert Matthews Foundation  
Jori Potiker  
Julie and Lowell Potiker  
Qualcomm Incorporated  
The San Diego Foundation  
SCAN Health Plan  
Ellen and Bob Svatos  
Carole and Jerry Turk  
MUFJ Union Bank Foundation  
Donna Van Ert

## \$10,000 – \$24,999

Anonymous  
Kayla Baker and Ajit Viswanathan  
Jennifer and Will Beamer  
Rob Borthwick and Lee Parnell  
Margaret L. Boyce Trust  
Chelsea Investment Corporation  
Renee and Michael Finch  
Rosanna and Doug Forsyth  
Samuel & Katherine French Fund  
Charles A. Frueauff Foundation  
Mary Gendron and Craig Perkins

The Giv4 Homelessness Fund of the Jewish Community Foundation  
Alicia and Fred Hallett  
Hervey Family Non-endowment Fund  
Dawn and Michael House  
Hyder Property Management Professionals  
Illinois Tool Works Foundation  
Sydney and Brian Johnson  
John Krakauer Charitable Trust  
Life Science Cares  
Mothers and Daughters Club Assisting Philanthropies (MADCAPS)  
Nutrisystem  
Kathy and Eric Olsen  
Linda and Ken Olson  
Omaha Community Foundation  
Pacific Western Bank  
The Conrad Prebys Foundation  
Allison and Robert Price Family Foundation  
Sycuan Resort & Casino  
The William and Ruth Tippet Foundation  
Kerry Traylor and Scott Williams  
TRIO Community Meals  
Truist Foundation  
Fran and Kris Virtue  
Wells Fargo Foundation  
Ann and Perry Wright

## \$5,000 – \$9,999

Donald Ambrose  
Dennis Arriola and Janet Winnick  
J. Scott Brown  
California Bank & Trust  
Christina Cameron  
Julie DeMeules  
Martha Guy  
Genni and Richard Harris  
Intuit  
Linda and Mel Katz

Mary and Stephen Lewis  
Fran and Larry Marchesini  
Laureen and Stephen Miller  
Susan and Charles Muha  
Susan and Eric Naslund  
Daryl Nees  
The Nordson Corporation Foundation  
Arlene and Ron Prater  
RCP Block & Brick Inc.  
Christa and Gerald Reynolds  
Jennifer Schuman and John MacDougall  
Martha Shively  
Kelly and Jim Sikora  
Kathryne Thorpe  
Anne Walter  
Brenna and Morgan Wood

## \$2,500 – \$4,999

Jennifer Allyn and Eric Ganci  
Anonymous  
Sheila Baran  
Deb and Todd Barrett  
Ellen Benkle  
Lois and Rob Bernstein  
Best Best & Krieger LLP  
Susan Boyle and Gary Sanders  
Tricia and John Buza  
Molly Cartmill  
Marsha Chadwell  
Clearinghouse CDFI  
Joy Delman and Pete Elkin  
Paul Downey and Mary Curran-Downey  
Cindy Fatica  
Diane and Elliot Feuerstein  
Carole Finch  
Samuel I. and John Henry Fox Foundation  
Sarah and Michael Garrison  
Rosalie and Ron Gerevas  
Edith and David Glassey  
Kaiser Permanente Public Affairs and Brand Communications  
Elizabeth Keadle  
Julia Kelety  
Autumn and Christian Kelly

Kim and Ted Lange  
Sharon Lawrence and Darin Boles  
Cynthia and Steve Nelson  
Elaine Phillips  
Anne Price  
Zeeshan Sabir and Umbreen Akhtar  
San Diego Downtown Breakfast Rotary Club  
San Diego Seniors Community Foundation  
Schwartz Semerdjian Cauley & Evans LLP  
Senior Resource Group  
Claudia and Simon\* Silva \*Deceased  
Slalom  
Jill Sumner  
US Bank  
BJ and Steve Utgard  
Carol and Neal Vandewalle  
Nancy Vaughan  
Carey Wall  
Diana Weiss-Wisdom and Gabriel Wisdom

## \$1,000 – \$2,499

Theresa Acerro  
Albertsons Companies/Vons Foundation  
Lisa and George Alexander  
Alexandria Real Estate  
Allianz Global Investors  
Anonymous  
Meredith Barnes  
Darcy and Robert Bingham Fund  
Philip Blackwood  
Robert Blair  
Cindy and Steve Blumkin  
Aylin and Jerre Bridges  
Leslie and Clint Bruce  
English and Joel Bryant  
Kimberly Butterwick and Jonathan Scheff  
Mr. and Mrs. Don Cameron  
Carrier Family Charitable Fund  
Cavignac & Associates  
Stephen Chin  
Carey Cimino  
Richard Clampitt and Rachel Hurst  
Barbara and Richard Cohen  
David C. Copley Foundation  
Alberto Cortes  
Linda and John Craig  
Dianne Cramer  
Roy E. Crummer Foundation  
Teresa and Gary Da Prato

Paula De Sousa and Mark Roach  
Linda and Wally Dieckmann  
Ashley Downs  
Julie and Mitch Dubick  
Christine and Jason Eldridge  
Sharon and Steve Elggren  
Greg Evans  
Sandra Fisher  
Dale Fleming  
Melinda Forstey  
Katherine and Tim Fox  
Eric Freundt  
Barbara Fryer and Robert Dighello  
Michele Gantt  
Carole and Howard Goldfeder  
William Gray  
Palmer John Groenewold, Jr.  
Kate Haggerty and Weston Haggerty  
Suzy and Jeff Hall  
George Hecht  
Anne Hewel  
Gwenmarie Hilleary  
HomeStreet Bank  
Rebecca and Andrew Howat  
Jim Johnsonbaugh  
Cindy Jorgensen  
Todd Kaprielian and Carol Morris  
Tim Katzman  
Ann Kessler  
Josephine Kiernan  
Mary Klobberdanz  
KPMG LLP  
Carol and George Lattimer  
Leda and Richard Lechtenberg  
Diana Long  
Joni Low  
The Elizabeth Lowen Fund  
Stephen Margetic  
John Marino  
Nancy Marlin  
Mingming Marsh  
Marsh & McLennan Agency  
Kari Martone  
Mary Anne and Carl Mathewson  
Michelle Mazzoni  
David McBride  
Claire and John McCombs  
Betty and Gerry McIntyre  
Barbara and James McKown  
Dani and Jerry McMillin  
George and Janice Muller Fund

Lois Navolt and Alan Vigeant  
Denise Nelesen  
Barbara and Robert Nelson  
Rod Omandam and Mike Schmitt  
Scott Paisley  
Kathy Parker  
Glenn Pitsenbarger  
Michael Potiker and Anne Swenson  
Arthur P. & Jeanette G. Pratt Memorial Fund  
Richard Rachel and Annette Lau  
Dave Ricks  
N.J. Rodi  
Heather Rosing and Scott Carr  
Linda Runyeon  
San Diego Chinese Women's Association (SDCWA)  
San Diego Gas & Electric (SDG&E)  
Sue Schaffner  
Renee Schor  
Elissa Seidenglanz and Peter Wujek  
Deborah Senkier  
Reese Sexton  
Sam Sherman  
Woon-Wah Siu  
Heidi and David Skinner  
Ann Marie Smith and Mike Feuersinger  
Shari and Rick Smith  
Tracy and Rudy Spano  
Karyn Speidel  
St. Paul's Senior Homes & Services  
Erica and Matt Strauss  
Scott Strauss  
Jennifer and Tim Sutton  
Elizabeth Swanson  
The Leigh Tison Charitable Trust  
TVIA-SD3 Teen Volunteers in Action  
Sheila and James Tyler  
Joy and Rick Vaccari  
Nancy Volin  
Vien and Scott Walker  
Rosemary Wang  
Tang Wang  
Carol and Craig Whitwer  
Rosa Williams  
Anne Wilson  
Nancy Wilson  
Lenora Witt  
Gretchen and Tom Yager  
Kate and Kevin Zimmer

Please accept our apologies for any inadvertent misspelling, omissions, or errors in this listing. Please contact Kaia Hill at [kaia.hill@servingseiors.org](mailto:kaia.hill@servingseiors.org) or (619) 487-0701 so we can make the corrections. Thank you!



# Volunteers

**Volunteers make our mission come to life.** From serving meals in our congregate dining rooms to hosting senior birthday parties, every part of our work is made possible because of the dedicated individuals and groups that choose to give back to Serving Seniors. In FY22, our volunteers returned in overwhelming numbers and took the starts and stops of the pandemic in stride. At a time when seniors felt unsettled and forgotten, their presence, smiles, and willingness to help made an enormous impact.

## FY22 Highlights

- Interns from e3 Civic High returned this spring semester and helped our Volunteers & Activities staff weekly at the Senior Wellness Center
- Corporate and civic groups including US Bank, Boundless Bio, and the San Diego Bar Association hosted monthly birthday parties and served meals in our dining room.

## By the Numbers

Volunteers  
**732**

Corporate & Civic Volunteer Groups  
**33**

Volunteer Hours  
**13,193**

Value of Volunteer Time  
**\$469,143**

*Source: Independent Sector. 2021 Value of Volunteer hours in California is \$35.56.*



# We Salute Our Volunteers!

## 500+ Hours

Peter Cruz  
Fred Davis  
Ben Flynn  
Carmencita Hyles  
Carolyn Kulhanek  
Alfonso Smithson  
Greg Whitfield

## 100+ Hours

Elaine Choice  
Kenneth Corley  
John Currie  
Joshua Davis  
Marsha Elmendorf  
Kerry English  
Stephen Groth  
Mindy Hoang  
Susan King  
Debbie Krakauer  
Olga La Barre-Soltysiak  
Paw Lay  
Michael Moudy  
Maria Soriano

## 50+ Hours

Charles Anthony  
Amalia Castellanos  
Carlos Cody Ramos  
Brandon Dang  
Yuko England  
Eliza Frias  
Kayla Gonzalez  
Helen Liu  
Joyce Macneil  
Candelario Ocegueda  
Susan O'Dean-Sekeres  
Erlinda Santua  
Albert Schulz  
Zuomin Sun

## 20+ Hours

Emily Awkerman  
Orah Bilmes  
Bradley Bohm  
Del Rey Burbach  
Adriano Marques  
Damasceno  
Harumi Douglas

Daniel Friedman  
Carrie Garber  
Jay Henslee  
Gary Hinds  
Jan Kaneko  
Sabrina Liao  
Stacey LoMedico  
Ferly Maghanoy  
Bill Rose  
Beatrice Tiger  
Connie Valantine  
Aimee White  
Monica Wiggins  
Kendall Young

## 10+ Hours

Laverne Brikho  
Loyce Bruglio  
Samantha Cheng  
Angela Coriale  
Janice Ann Datu  
Morgan Erickson  
Keith Gerow  
Elizabeth Hendricks  
James Aaron Fredrick  
Hernandez

Paulina Hernandez  
Milena LaBarbiera  
Maureen Martin  
Brandon Shim  
Drew Shyffer  
Genevieve Shyffer  
Kyle Shyffer

## 5+ Hours

Bogdan Brzuchacz  
Alexis Cochran  
Karina Cochran  
Taylor Cofel  
Caroline Davis  
Seth Davis  
Yulianna Gastelum  
Jacques Godard  
Kathleen Godard  
Maria Gracza  
Michelle Grepe  
Cara Martinez  
Joanne McIntyre  
Max McIntyre

Kristin Millar  
Pierce Millar  
Briana Mirchel  
Dana Orena  
Simran Ovalekar  
Lisa Parady  
Madisyn Parady  
Ally Pawlicki  
Nicole Pawlicki  
Glenda Poliner  
Ganesh Raghavendran  
Sarah Ravellette  
Susan Ravellette  
Jackson Rudolph  
Bidipta Sarker  
Deborah Senkier  
Ryan Shyffer  
Danielle Sposato  
Julia Weinstein  
Abigail Weisman  
Heather Weisman  
Beth Wilensky  
Sydney Wilensky  
Nicole Wyll  
Tobin Wyll

## 1-5 Hours

Melanie Aalbers  
Reagan Aalbers  
Zoe Aalbers  
Brandon Aardema  
Pattiann Aardema  
Marlie Adamson  
Arash Afshinpour  
Piet Aldrich  
Ramsey Aldrich  
Rafid Ali  
Donna Alley  
Isabella Anfuso  
John Paul Benedict  
Antonio  
Anshereena Mae Arines  
Hesam Aslroosta  
Lucy Baldwin  
Anna Berger  
Caroline Berger  
Conrado Birmingham  
Matthew Bonin  
Laura Bowler

Mina Brogdon  
Barbara Brown  
Elizabeth Brown  
J. Scott Brown  
Max Brown  
Kevin Brumund  
Zephyr Brumund  
Alex Brydson  
Inga Brydson  
Linh Bui  
Cara Cadden  
Cormac Cadden  
Teresa Cain  
Joe Camero  
America Canales  
Jose Castro  
Julianna Chang  
Mia Claire Chang  
Megan Chou  
Cecilia Chow  
Malinee Churanakoses  
Kukkonen  
Adam Contois  
Matthew Conway  
Andrew Dawson  
Kelly Dawson  
Ivelesse De Jesus  
Claire de Merlier  
Mark DeGraffenreid  
Ry DeGraffenreid  
Shira DeGraffenreid  
James Dempsey  
Estelita Detal  
Kiran Dhupa  
Alek Dickinson  
Christine Dickinson  
Connor Dickinson  
Tess Doran  
Christine Dorman  
Noelle Dorman  
Kelly Espinoza  
Chase Estrin  
Elizabeth Estrin  
Ashley Farrell  
Colten Farrell  
Hunter Farrell  
Hannah Feng  
Mariana Fernandes  
Carson Flood

Norma Flood  
Katie Gaines  
Sakina Ganijee  
Marquis Gerald  
Ishaa Giridhar  
Holly Gledhill  
Tyler Gledhill  
Benjamin Goldberg  
Michal Goldberg  
Noah Goldenhar  
Jonathan Green  
Ben Griswold  
Bronson Griswold  
Grayden Griswold  
Susenn Griswold  
Anjun Gu  
Cole Hager  
Emil Harris  
Annamarie Hernandez  
Grace Hettinger  
Adria Hilsdorf-Smith  
Nicole Hoadley  
Renata Huemmerich  
Gentiana Janina  
Barbara Jeppson  
Aaliyha Johnson  
Lindsey Kamen  
Harper Kelley  
Kim Kelley  
Dylan Kim  
Hyoungmin Kim  
Sally Kim  
Sophie Kim  
Tyler Kim  
Kimberly Klekotka  
Kyle Klekotka  
Camille Koller  
Chloe Kom  
Luc Kourie  
Carl Aksel Kukkonen  
Kaija Kukkonen  
Brady Le  
Ryland Le  
Seoyeong Lee  
Mingshu Li  
Tyler Li  
Erika Lin  
Jessica Little  
Sofia Lloret  
Vanessa Lopes  
Alex Lowenthal  
Kelly Luizzi  
Makena Luizzi  
Malia Luizzi  
Noah Luken

Anusha Lund  
Kristin Lund  
Kate MacWilliamson  
Chase Mafong  
Roshan Malik  
Jade Martz  
Allison Matthews  
Molly Maus  
William Maus  
Jessica McCabe  
Chloe McCardwell  
Gavin McGeehan  
Jolene McGeehan  
Kimberly McNamara  
Stephanie Meyer  
Anush Minokadeh  
Keyvan Minokadeh  
Kourosh Minokadeh  
Darcy Miramontes  
Kinson Mitchell  
Carson Monagan  
Stefanie Monagan  
Kelly Moriarty  
Sloane Moriarty  
Amalia Myer  
Emma Myer  
Danielle Nader  
Padma Nagappan  
Kristen Nahrstedt  
Syrianna Neale  
Jack Norman  
Sonya Norman  
Adan Pacheco  
Anna Panter  
Riley Panter  
Tejan Patel  
Nicolle Penton  
Erika Pfister  
Kaitlyn Podlich  
Ethan Ramsey  
Kirsten Ramsey  
Kathleen Redmond  
Claudia Reinert  
Lexi Reinertson  
Tenney Rizzo  
Christian Roach  
Kimber Roach  
Marlo Roberts  
William Rohaly  
Jennifer Rolf  
Tyler Rolf  
Kenneth Rolnick  
Mary-Jo Rolnick  
Aaron Rosenzweig  
Elis Rosenzweig

Kristen Ross  
Colby Russell  
Brigette Ryan  
Erby Ryan  
Hyunseo Ryou  
Sabrina Sakata  
James Sanborn  
Magnolia Sanborn  
Nicholas Saroff  
Randy Saroff  
Caroline Schmidt  
Cate Schmidt  
Kelley Schmidt  
Odetta Serrett  
Nidhi Shah  
Martha Shively  
Karina Shukla  
Jack Simmons  
Lucas Sit  
Ryan Sit  
Liling Song  
Jennifer Stein  
Sydney Stein  
Shelly Stephenson-Podlich  
Angela Stutts  
James Stutts  
Grace Szczuka  
Sarina Tanimoto  
Jaden Taylor  
Mio Teague  
Ashley Teeple  
Melina Tessier  
James Thomas  
Matthew Thomas  
Karoly Tippets-Russell  
Julie Torres  
Melissa Tresse  
Anthony Valeh  
Alicia Vazquez Artigas  
Albert Vazquez  
Robert Vazquez  
Vivianne Villanueva  
Dhupa  
Dalton Weir  
Nanci Weir  
Lemia Wells  
Ron Wesson  
Denise Wheeler  
Steele Wheeler  
Kayla Whiting  
Katelyn Winkleblech  
Reed Wirthman  
Hank Wolkon  
Melissa Wolkon  
Nathan Xu

Nicole Ynostroza  
James Young  
Michael Young  
Joyce Yuan  
Julie-Anne Zimmer  
Wyatt Zimmer  
Scout Zumtobel

## Corporate and Community Volunteer Groups

AECOM  
APACE  
Alexandria Real Estate  
Biocom  
Blue Shield of California  
Boundless Bio  
Boys Team Charity  
California Western School of Law  
Carmel Valley Against Corona  
Civilian  
Erasca  
Female Athletes Volunteer  
Chapter 2  
Friends of Downtown San Diego  
Gary and Mary West Foundation  
Halloran  
Jewish Community Foundation  
Kura Oncology  
Life Science Cares  
MADCAPS  
National Charity League Del Sol  
Chapter  
National Charity League San  
Diego Chapter  
National Charity League San  
Dieguito Chapter  
National City Public Library Teen  
Leadership Committee  
Rancho Bernardo National  
Honors Society  
Rocket Fuel Labs  
San Diego County Bar  
Association  
San Diego Gas & Electric  
SR Love and Care  
Teen Volunteers in Action SD 1  
Teen Volunteers in Action SD 2  
Teen Volunteers in Action SD 3  
Teen Volunteers in Action SD 5  
US Bank



## What Will Be Your Legacy?

Leaving a bequest to Serving Seniors ensures that at-risk older adults receive life-saving services in the future. Your legacy will make this possible.

The following suggested bequest language may help you and your professional advisor plan a meaningful gift so seniors live happy and fulfilling lives.

"I hereby give, devise, and bequeath \_\_\_\_\_ and No/100 dollars (\$DOLLARS) to Serving Seniors, a nonprofit organization located at 525 14th Street, Suite 200, San Diego, CA, 92101, Federal Tax ID #95-2850121, for Serving Seniors's general use and purpose."

For more information on including Serving Seniors in your estate planning, please contact Dave Ricks at (619) 487-0734 or [dave.ricks@servingseiors.org](mailto:dave.ricks@servingseiors.org).




# SERVING SENIORS

525 14th Street, Ste. 200  
San Diego, CA 92101  
(619) 487-0701

[www.servingseniors.org](http://www.servingseniors.org)

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 [servingseniorssd](https://www.instagram.com/servingseniorssd)