



SEPTEMBER 2021 Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 Garden Vegetable Soup Chicken Salad 	2 Tuna Noodle Casserole Green Peas 	3 Meatloaf w/ Gravy Garlic Whipped Potatoes 	4 Chicken Fried Rice Broccoli 	5 Grilled Pork Patty Spinach 
6 勞動節 BBQ Pork Rib Patty Corn Casserole 	7 Swiss Steak Spring Vegetables 	8 Garden Turkey Salad Whole Wheat Bread 	9 Cuban Pork Black Beans & Rice 	10 Chicken Strips Coleslaw 	11 911 紀念 Turkey w/ Gravy Cut Yams 	12 Breaded Chicken w/ Gravy Whipped Potatoes 
13 Beef Cabbage Casserole Diced Red Potatoes 	14 Chicken Fajita Meat Mexican Brown Rice 	15 Minestrone Soup Tuna Salad 	16 Beef Spaghetti Peas & Carrots 	17 Breaded Pollock Brown Rice Florentine 	18 Honey Mustard Chicken Italian Vegetables 	19 Savory Beef Casserole Spinach 
20 Turkey Divan Peas & Carrots 	21 Chicken Strips Black Beans 	22 秋季開始 Oriental Chicken Salad Whole Wheat Bread 	23 Turkey Ham w/ Honey Broccoli 	24 Steak w/ Gravy Penne Pasta 	25 Baked Chicken w/ Sauce Brussels Sprouts 	26 Beef Chili w/ Beans Whipped Potatoes 
27 Grilled Pork, Mushrooms Spinach 	28 Baked Chicken w/ Salsa Southwest Corn 	29 Cream of Broccoli Soup Sliced Turkey Breast 	30 Breaded Garlic Pollock Broccoli w/ Cheese 			

“该项目得到圣地亚哥县健康与人类服务局·老齡与独立服务局的《老年美国人法案》基金的支持。”

建議的老年人捐贈：每餐\$ 1.00

菜单可能会改变

任何符合資格的人均不得因无法或无力捐贈而被拒絕用餐。

