



# June 2020 Breakfast Menu



| Monday  | Tuesday   | Wednesday  | Thursday  | Friday  | Saturday   | Sunday  |
|---|---|--|---|---|--|---|
| <p>1  Egg Patty<br/>Swiss Cheese<br/>Turkey Sausage Link<br/>O'Brien Potatoes<br/>Whole Wheat Bread<br/>Cranberry Cocktail Juice<br/>Milk</p>   | <p>2 Cottage Cheese<br/>Pineapple Tidbits<br/>W.W. English Muffin<br/>Cinnamon Toasters<br/>Tomato Juice<br/>Milk<br/>Margarine</p> | <p>3 Hard Boiled Egg<br/>String Cheese<br/>Raisin Bran Cereal<br/>Fresh Banana<br/>Tomato Juice<br/> Milk</p>                      | <p>4  Scrambled Eggs<br/>Shredded Cheese<br/>Black Beans<br/>Whole Wheat Bread<br/>Fresh Orange<br/>Milk <br/>Margarine</p> | <p>5 Egg Patty<br/>Swiss Cheese<br/>Hashbrowns<br/>Bran Flakes Cereal<br/>Applesauce<br/>Milk </p>                | <p>6 Peanut Butter<br/>String Cheese<br/>Whole Wheat Bread<br/>Oatmeal<br/>Fresh Orange<br/>Tomato Juice<br/>Milk, Margarine </p>  | <p>7 Egg Patty<br/>Shredded Cheese<br/>Hashbrowns<br/>Bran Flakes Cereal<br/>Cranberry Cocktail Juice<br/>Milk </p>                                   |
| <p>8  Cottage Cheese<br/>Pineapple Tidbits<br/>Berry Muffin<br/>Tomato Juice<br/>Milk </p>  | <p>9  Hard Boiled Egg<br/>Peanut Butter<br/>W.W. English Muffin<br/>Fresh Apple<br/>Tomato Juice<br/>Milk </p>                      | <p>10  Eggs w/ Cheese<br/>Hashbrowns<br/>Bran Flakes Cereal<br/>Fresh Orange<br/>Milk </p>   | <p>11 Hard Boiled Egg<br/>String Cheese<br/>Raisin Bran Cereal<br/>Fresh Apple<br/>Tomato Juice<br/>Milk</p>                | <p>12 Egg Patty<br/>Swiss Cheese<br/>Hashbrowns<br/>W.W. English Muffin<br/>Mixed Fruit<br/>Milk </p>             | <p>13  Breakfast Pizza<br/>Hashbrowns<br/>Whole Wheat Bread<br/>Fresh Orange<br/>Milk<br/>Jelly </p>   | <p>14 Egg Patty<br/>Shredded Cheese<br/>Black Beans<br/>Whole Wheat Tortilla<br/>Mixed Fruit<br/>Milk<br/>Taco Sauce</p>                              |
| <p>15 Bean &amp; Cheese Burrito<br/>Sautéed Pepper &amp; Onion<br/>Tangerine<br/>Milk </p>  | <p>16  Eggs w/ Cheese<br/>Hashbrowns<br/>Raisin Bran Cereal<br/>Fresh Orange<br/>Milk </p>  | <p>17 String Cheese<br/>Peanut Butter<br/>Multi-Grain Bread<br/>Oatmeal<br/>Pineapple Tidbits<br/>Tomato Juice<br/>Milk, Jelly</p> | <p>18 Beef Hash<br/>Crispy Cubed Potatoes<br/>Whole Grain Biscuit<br/>Tropical Fruit<br/>Milk<br/>Jelly </p>                | <p>19 Hard Boiled Egg<br/>Mini Bagels<br/>Fresh Orange<br/>Tomato Juice<br/>Milk </p>                             | <p>20  Summer Begins<br/>Scrambled Eggs<br/>Shredded Cheese<br/>Black Beans<br/>Whole Wheat Bread<br/>Cranberry Cocktail Juice<br/>Milk<br/>Jelly </p>   | <p>21  Father's Day<br/>Egg Patty<br/>Swiss Cheese<br/>Turkey Sausage Link<br/>Hashbrowns<br/>W.W. English Muffin<br/>Applesauce<br/>Milk, Jelly </p> |
| <p>22 Egg Patty<br/>Swiss Cheese<br/>Hashbrowns<br/>Bran Flakes Cereal<br/>Fresh Orange<br/>Milk </p>   | <p>23 Peanut Butter<br/>String Cheese<br/>Whole Wheat Bread<br/>Oatmeal<br/>Fresh Apple<br/>Tomato Juice<br/>Milk, Margarine</p>    | <p>24 Bean &amp; Cheese Burrito<br/>Hard Boiled Egg<br/>Hashbrowns<br/>Mixed Fruit<br/>Taco Sauce<br/>Milk </p>                    | <p>25 Hard Boiled Egg<br/>String Cheese<br/>Raisin Bran Cereal<br/>Tropical Fruit<br/>Tomato Juice<br/>Milk </p>            | <p>26 Cottage Cheese<br/>W.W. French Toast<br/>Pineapple Tidbits<br/>Tomato Juice<br/>Pancake Syrup<br/>Milk </p> | <p>27 Egg Patty<br/>Swiss Cheese<br/>Hashbrowns<br/>W.W. English Muffin<br/>Fresh Orange<br/>Milk </p>   | <p>28 Egg Patty<br/>Beef Hash<br/>Raisin Bran Cereal<br/>Fresh Fruit<br/>Tomato Juice<br/>Milk </p>   |
| <p>29 Egg Patty<br/>Swiss Cheese<br/>Turkey Sausage Links<br/>Black Beans<br/>Whole Grain Biscuit<br/>Man. Oranges &amp; Pineapple<br/>Milk</p> | <p>30  Peanut Butter<br/>String Cheese<br/>Whole Wheat Bread<br/>Oatmeal<br/>Fresh Apple<br/>Vegetable Juice<br/>Milk</p>           | <p></p>  |   |   | <p><i>Because food supplies are not certain right now, any changes to the menu are related to foods unavailable at the time. Please know that we appreciate your understanding.<br/>Sincerely, Serving Seniors</i></p> |   |

"This project is supported by Older Americans Act funds by the County of San Diego Health & Human Services Agency, Aging & Independence Services."

MENU SUBJECT TO CHANGE

No eligible person shall be denied a meal because of failure or inability to contribute.