







SERVING SENIORS








Breakfast Menu





MAY 2020






 Denotes Meal is High in Sodium






 <p style="color: green; font-weight: bold;">Wishing you the very best this Mother's Day!</p>	 <p style="color: purple; font-weight: bold;">ASIAN PACIFIC AMERICAN HERITAGE MONTH</p>	<p>Friday 5/1/2020 </p> <p>Egg Patty Swiss Cheese Hashbrowns W.W. English Muffin Mixed Fruit Milk </p>	<p>Saturday 5/2/2020 </p> <p>Breakfast Pizza Hashbrowns Whole Wheat Bread Fresh Orange Milk Jelly </p>
--	---	---	---

Monday 5/4/2020	Tuesday 5/5/2020 	Wednesday 5/6/2020	Thursday 5/7/2020	Friday 5/8/2020	Saturday 5/9/2020 
Bean & Cheese Burrito Hard Boiled Egg Sautéed Pepper & Onion Tangerine Milk 	Eggs w/ Cheese Hashbrowns Raisin Bran Cereal Fresh Orange Milk 	String Cheese Peanut Butter Multi-Grain Bread Oatmeal Pineapple Tidbits Vegetable Juice Milk Jelly 	Beef Hash Crispy Cubed Potatoes Whole Grain Biscuit Tropical Fruit Milk Jelly	Hard Boiled Egg Mini Whole Grain Bagels Fresh Orange Vegetable Juice Milk 	Scrambled Eggs Shredded Cheese Black Beans Whole Wheat Bread Cranberry Cocktail Juice Milk Jelly 

Monday 5/11/2020	Tuesday 5/12/2020	Wednesday 5/13/2020	Thursday 5/14/2020	Friday 5/15/2020	Saturday 5/16/2020
Egg Patty Swiss Cheese Hashbrowns Bran Flakes Cereal Fresh Orange Milk 	Peanut Butter String Cheese Whole Wheat Bread Oatmeal Fresh Apple Vegetable Juice Milk Margarine	Bean & Cheese Burrito Hard Boiled Egg Hashbrowns Mixed Fruit Milk Taco Sauce 	Hard Boiled Eggs String Cheese Raisin Bran Cereal Tropical Fruit Vegetable Juice Milk 	Cottage Cheese W.W. French Toast Pineapple Tidbits Vegetable Juice Milk Pancake Syrup	Egg Patty Swiss Cheese Hashbrowns W.W. English Muffin Fresh Orange Milk 

Monday 5/18/2020	Tuesday 5/19/2020	Wednesday 5/20/2020	Thursday 5/21/2020 	Friday 5/22/2020	Saturday 5/23/2020
Egg Patty Swiss Cheese Turkey Sausage Links Black Beans Whole Grain Biscuit Mandarin Oranges & Pineapple Milk, Margarine	Peanut Butter String Cheese Whole Wheat Bread Oatmeal Fresh Apple Vegetable Juice Milk Jelly 	Egg Patty Mini Whole Grain Bagels Whole Wheat Bread Fresh Banana Vegetable Juice Milk 	Cottage Cheese Pineapple Tidbits Berry Muffin Vegetable Juice Milk 	Egg Patty String Cheese Hashbrowns Bran Flakes Cereal Mandarin Oranges Milk Margarine	Bean & Cheese Burrito Hard Boiled Egg Hashbrowns Applesauce Milk Taco Sauce 

Monday 5/25/2020	Tuesday 5/26/2020	Wednesday 5/27/2020	Thursday 5/28/2020	Friday 5/29/2020	Saturday 5/30/2020
Eggs w/ Cheese Hashbrowns Bran Flakes Cereal Fresh Orange Milk 	Egg Patty Shredded Cheese Sautéed Pepper & Onion Whole Wheat Tortilla Mixed Fruit Milk Taco Sauce	Beef Hash O'Brien Potatoes Bran Flakes Cereal Tropical Fruit Milk 	Egg Patty Swiss Cheese Hashbrowns Whole Wheat Bread Fresh Orange Milk Jelly	Hard Boiled Eggs String Cheese Raisin Bran Cereal Fresh Banana Vegetable Juice Milk 	Egg Patty String Cheese Cranberry Oatmeal Multi-Grain Bread Fresh Apple Vegetable Juice Milk Jelly

"This project is supported by Older American Act funds by the County of San Diego Health & Human Services Agency, Aging & Independence Services."

MENU SUBJECT TO CHANGE

No eligible person shall be denied a meal because of failure or inability to contribute.

