

September Activities

SERVING
SENIORS

Judith L. Seltz Senior Wellness Center

5257 Mt Etna Dr, San Diego, CA 92117. Contact volunteer@servingseiors.org for more information.

SUN	MON	TUES	WED	THURS	FRI	SAT
 HISPANIC HERITAGE MONTH		1	2	3	4	5
6	 HAPPY LABOR DAY	8	9	10	11	12
13	 HAPPY GRANDPARENTS DAY	14	15	16	17	18
20	Ladies' Dance Group 2:00 PM 	 Fall Festival @ the Dining Room 2:00 PM	23	24	25	26
27	Ladies' Dance Group 2:00 PM	29	30			

Case Management available by appointment at Front Desk.